



## Myron B. Thompson Academy - Summer School

1040 Richards Street, Suite 220 Honolulu, Hawai'i 96813

[mbta.me/summer](http://mbta.me/summer)

### 2023 Online Physical Education [P.E.] Program Factsheet

2023 is the fifteenth summer that Myron B. Thompson Academy will offer online P.E. Our online P.E. program is ideal for those involved with sports and athletic clubs or for those who prefer an individualized, self-paced program for P.E. Please review this factsheet to acquaint yourself with our program. ***\*NOTE\* MBTA advises students to take all recommended precautions for physical activity during the ongoing COVID-19 pandemic.***

<b>P.E. Course Requirements</b>	
Students must earn an overall grade of D or better through a combination of Academic Coursework [Online] and Physical Activity [Offline] in order to earn credit for the course(s).	
Academic Coursework [Online]	Physical Activity [Offline]
<ul style="list-style-type: none"> <li>Lessons</li> <li>Discussions</li> <li>Assignments</li> <li>Projects</li> <li>Quizzes</li> <li>Exams</li> </ul>	<p>6 hours/week per course = 36 hours per course</p> <p>[PEP1005] PE Lifetime Fitness = 36 hours [PEP1010] PE Life Activities = 36 hours</p> <p>PEP1005 + PEP1010 = 72 hours TOTAL</p> <p><b>** the same hours &amp; logs <u>cannot</u> be used for both courses **</b></p>
<p>All lessons, discussions, quizzes, and exams are on our course website.</p> <p>Students complete assignments and projects for uploading to the course.</p> <p>Students must read all course announcements and materials provided by the teacher.</p>	<p>Students are responsible for logging these hours, obtaining their mentor's signature, and submitting them to the teacher through the appropriate dropbox on the course website.</p> <p>Mentors are responsible for monitoring and accounting for the student's physical activity hours. A mentor must be an adult and can be a parent/guardian, coach, teacher, advisor, or club leader.</p> <p>Liability Forms and Mentor Forms are due at the beginning of the term.</p>

<b>P.E. Courses for Summer 2023</b>	
<p><b>**Each course has a different teacher with their own policies and procedures.**</b></p> <p><i>Students are expected to review the course syllabus and opening messages for each course and abide by the guidelines, policies, and procedures set forth by each teacher within the appropriate course.</i></p> <p><b>** If taking both courses, students should be working on them at the same time.**</b></p>	
[PEP1005] P.E. Lifetime Fitness	[PEP1010] P.E. Life Activities
<p>This is the Grade 9 course.</p> <p>Teacher: Mr. Zuri Aki.</p> <p>Session: June 5 - July 21, 2023</p> <p>Credit: 0.5</p>	<p>This is the Grade 10 course.</p> <p>Teacher: Mrs. Kurumi Ka'apana</p> <p>Session: June 5 - July 21, 2023</p> <p>Credit: 0.5</p>

Direct any questions to [mshyden@ethompson.org](mailto:mshyden@ethompson.org)

**\*\* Updated 2-24-2023 \*\***