

## **HEALTH, WELLNESS, AND SAFETY POLICY**

Myrron B. Thompson Academy (MBTA) is committed to supporting a safe and healthy work and learning environment that is conducive to student and employee well-being. MBTA recognizes that schools play an integral part in educating and exposing students to wellness practices, health-enhancing behaviors, good nutrition, and physical and other school-based activities that lend to student achievement and learning.

MBTA accepts the responsibility to provide a safe and healthy work and learning environment for all its students, employees, and persons under its jurisdiction. To this end, MBTA has established:

(1) goals for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness; (2) nutrition guidelines for all foods that are available on its face-to-face school campuses during the school day, with the objectives of promoting student health and reducing childhood obesity; and (3) a plan for measuring implementation of the wellness policy.